Training Healthcare Professionals to be connected and responsive to patients

Vernon Solomon (University of KwaZulu-Natal)



3rd NATIONAL PHARMACY CONFERENCE

SUN CITY, SOUTH AFRICA











Note to self

Connect with this audience

- Why?
- How?





3rd NATIONAL PHARMACY CONFERENCE

SUN CITY, SOUTH AFRICA













Making the case for connection

- Healthcare is a relational process and communication is core to effective people centered health care.
- Health workforce education transformations prioritize:
 - Participation, collaboration & connection
 - Patient, client or service user rights
 - Information & knowledge sharing
 - Horizontal communication and connection
 - Inter-professional collaboration.
- Multi-level shifts re-position practitioners and their clients as collaborators in achieving health and treatment outcomes.



3rd NATIONAL PHARMACY CONFERENCE











Making the transition in education & service

From

 An authority based model of teaching & health service "dispensing".

Towards

 Participatory models of precepting & adult professional mentorship.

- A model of the passive "patient" as recipient of expertise.
- A model of the client & practitioner as collaborators in achieving health and treatment outcomes shaped by the client's 'life-world'.



3rd NATIONAL PHARMACY CONFERENCE

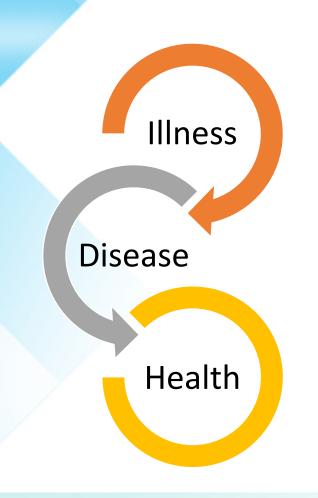












Why?

 Personal experience of the condition, part of the "life-world" of the client

Biological, physiological and physical manifestation

 Social, interpersonal & political "lifeworld"



3rd NATIONAL PHARMACY CONFERENCE

3-5 OCTOBER 2019 SUN CITY, SOUTH AFRICA











Where is pharmacy in this?

 Positioned in medical care directly and at the interface between practitioners and patients.

 Well-placed to use the tools of horizontal communication to facilitate positive health outcomes and prevent adverse events.

Communication makes or breaks this critical role in the algorithm of health.



3rd NATIONAL PHARMACY CONFERENCE











How?

Communication is the bridge to relationship



The micro-skills

A network of interpersonal, group communication and facilitation skills



3rd NATIONAL PHARMACY CONFERENCE

SUN CITY, SOUTH AFRICA













Underlying principles of communication

Set of values and personal qualities

Respect is the fundamental value

Expressed through verbal and non-verbal communication skills



3rd NATIONAL PHARMACY CONFERENCE











Respect for what?

- Autonomy
- Difference & diversity
- Respect for experience and expertise of the other
- The right to participate
- The right to be heard and understood



3rd NATIONAL PHARMACY CONFERENCE

3-5 OCTOBER 2019 SUN CITY, SOUTH AFRICA













Talk is purposive

- How one says something, matters and has an effect.
- Words, talk, conversation and communication "do" things.
- Talk, conversation and communication construct and shape experiences in specific ways.



3rd NATIONAL PHARMACY CONFERENCE

3-5 OCTOBER 2019 SUN CITY, SOUTH AFRICA











The heart of communication

Facilitation

Attending

Responding



3rd NATIONAL PHARMACY CONFERENCE













Facilitation

Creating the conditions, the atmosphere and opportunities for participants' goal-directed engagement in the process.

How can this be done under these conditions?







3rd NATIONAL PHARMACY CONFERENCE











Attending and Responding

Communication, attending and responding, is purposeful

Guided by an awareness of:

Self What is happening with me?

Relationship

What is happening between us?

Other What is happening with the other?



3rd NATIONAL PHARMACY CONFERENCE

3-5 OCTOBER 2019 SUN CITY, SOUTH AFRICA











Attending and Responding

• Simple at first glance?

• Listen and then say something back?

 Multi-dimensional interpersonal acts that achieve many things at once.



3rd NATIONAL PHARMACY CONFERENCE













Training for connectedness

- Integrated in education curriculum, underpinned by:
 - Commitment to participatory and collaborative roles of practitioners & clients & qualitative equality.
 - Focus on 'health' and 'illness' versus exclusively 'disease', through entering the 'life-world' of practitioner and client.
- Through awareness & technical communication skills training & mentorship.
- Through mentorship developmental models of growth and change.



3rd NATIONAL PHARMACY CONFERENCE











Questions & Thank-you



3rd NATIONAL PHARMACY CONFERENCE

3-5 OCTOBER 2019 SUN CITY, SOUTH AFRICA











References

Barry, C. A., Stevenson, F. A., Britten, N., Barber, N., & Bradley, C. P. (2001). Giving voice to the lifeworld. More humane, more effective medical care? A qualitative study of doctor–patient communication in general practice. *Social Science & Medicine*, *53*(4), 487–505. doi:https://doi.org/10.1016/S0277-9536(00)00351-8

Cubaka, V. K., Schriver, M., Vedsted, P., Makoul, G., & Kallestrup, P. (2018). Measuring patient-provider communication skills in Rwanda: Selection, adaptation and assessment of psychometric properties of the Communication Assessment Tool. *Patient Education and Counseling*. doi:https://doi.org/10.1016/j.pec.2018.04.010

Lucas, C., Power, T., Hayes, C., & Ferguson, C. (2019). "Two heads are better than one" - pharmacy and nursing students' perspectives on interprofessional collaboration utilizing the RIPE model of learning. Research in Social and Administrative Pharmacy. doi:10.1016/j.sapharm.2019.01.019

Seubert, L. J., Whitelaw, K., Hattingh, L., Watson, M. C., & Clifford, R. M. (2018). Interventions to enhance effective communication during over-the-counter consultations in the community pharmacy setting: A systematic review. *Research in Social and Administrative Pharmacy*, 14(11), 979–988. doi:https://doi.org/10.1016/j.sapharm.2017.12.001

Sporrong, S. K., & Kaae, S. (Eds.). (2017/2018). *Communication in Pharmacy Practice: Special Issue Published in Pharmacy*. Retrieved from https://www.mdpi.com/journal/pharmacy/special issues/Communication Pharmacy Practice

Wolters, M., van Hulten, R., Blom, L., & Bouvy, M. L. (2017). Exploring the concept of patient centred communication for the pharmacy practice. *International Journal of Clinical Pharmacy*. https://doi.org/10.1007/s11096-017-0508-5



3rd NATIONAL PHARMACY CONFERENCE

3-5 OCTOBER 2019 SUN CITY, SOUTH AFRIC









